

Rise Up & Call Her Name

We invite you to join us on a woman-honoring journey into global earth-based spiritualities

Rise Up and Call Her Name is a monthly journey into earth-based culture, spirituality and female empowerment. Together, we will utilize various forms of art, dialogue and reflection to explore our interconnectedness as well as our diversity and individuality. And, as we experience aspects of traditions that have honored the Earth as a teacher for centuries, we will obtain a deeper understanding of our own inherent spirituality and self worth.

We'll be introduced to the Jewish/Semitic first wife of Adam, **Lilith**, as we discover that many religions considered patriarchal have strong feminist roots.

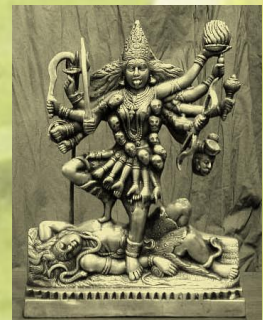


We'll become acquainted with the influences of black Africa in the highly developed Egyptian culture.

We will enter the **Temple of Isis**, where we'll learn about healing power, which is often made available through honoring the Female and the Earth.

We'll encounter the three faces of the **Goddess Hecate** from the ancient Mediterranean/Pre-Hellenic region — **Maiden, Mother and Wise Woman** — and begin to appreciate the processes of life, death and rebirth as central to existence.

During our global adventure, we'll journey to the Asian sub-continent and hear of the power of **Kali, a Mother Goddess** in India, and explore the creative power of **Shakti, the Feminine Principle**.



We will hear the stories of three **Yoruban Orisha** from West Africa — **Oshun, Goddess of the River; Yemaja, Goddess of the Sea; and Oya, Goddess of the Winds of Change**.

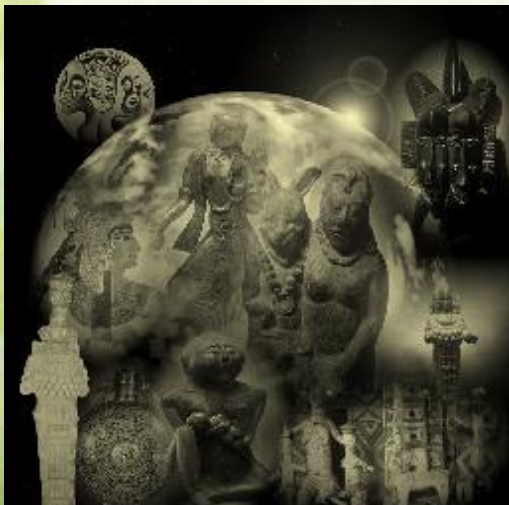


We will journey to the "New World" to experience aspects of contemporary African-American culture. We'll honor the **Ancestral Mother**, who teaches that the sacred and secular are one. And, we'll explore Afro-traditional crafts.

Moving through Asia, we'll stop in Tibet and China, where we'll meet the **Goddesses Tara and Kwan Yin**, and become familiar with some of the female-honoring aspects of Buddhism and Taoism. We'll also visit the islands of Japan, where we'll encounter the **Shinto Goddess Amaterasu** and discover her lessons of self-empowerment.

In Hawaii, we'll meet **Pele, the Goddess of the Volcano**, and discover the ties between ecology and Earth-based spirituality. Arriving in Mesoamerica, we'll meet the **Goddess Tonantzin**, who is at the core of contemporary devotion to the **Mexican Virgin of Guadalupe**.

We'll also touch the roots of the First Peoples of the Americas through the stories and masks of a **Lakota Sacred Pipe Woman**. And, we'll discover that the North American continent is steeped in ancient female-honoring traditions.



Although occasionally, we may need to change the date, **Rise Up Journeys** are usually held on the **first Saturday of each month, from 7:00 – 9:30 p.m.**, in the sanctuary of the **Unitarian Universalist Church in Reston** at

1625 Wiehle Ave, Reston, VA 20190.

If you are interested in embarking on a Journey, contact one of the Rise-Up Facilitators:

Dawn at sunryse@verizon.net or Ana at anacrislaper@yahoo.com.